October 28, 2003

SYLERIA 19818

U.S. ARMY 2-TIME KARATE & STICK FIGHTING CHAMPION 1972-1973

PENNSYLVANIA KICKBOXING CHAMPION 1919

NEW YORK CITY NO.1 KICKBOXING SUPERMIDDLE WEIGHT - WORLD PROFESSIONAL KARATE ORGANIZATION 1980 - 1982

"YOUNG MARTIAL ARTIST OF THE MONTH! BY VIRGINIA'S TV STATIONS WSET TV-13 SPORTS FOR FOUR YEARS (1998-2001) WDBJ TV-7 (1999) + (2002) WSLS TV-10 (2000)

"YOUNG MARTIAL ARTIST OF THE YEAR PHILADELPHIA, PA WPVI TV-6 ABC SPORTS (2000) 4 (4004)

VIRGINIA STATE COMMONWEALTH GAMES-WON HER FIRST WOMEN'S FIGHTING TITLE AT AGE 14 (1999) AND HAS BEEN UNDEFEATED IN CONTINUOUS FIGHTING EVER SINCE.

DEAR MISS KOST, I. JISEPH T. CATHETT JR. REQUEST TO BE PLACED ON The AGENDA for The City councit meeting That will Be help and StephenBeg 30 Th 5003.

This concerns my KARATE + FITNESS Problem That will Benefit The Josih of Lysch Dueg. I Lask formach To ATTENDING THE meeling

LESPECTFILLY JOSEPH 7. CATLETTE, 845-4135

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COUNCE, MENTION